

AI travel planning prompts

These prompts turn a vague trip idea into a plan: a day-by-day itinerary, a weekend getaway from your city, a budget before you book, a relaxed plan for travelling with kids, a business trip built around your meetings, and packing and document checklists. There are also photo and video prompts for your travel pictures.

AI is good at structure and ideas but can be out of date on prices, opening hours, visa rules and specific restaurants. Use the plan as a starting point, then check the details on official sites and map apps before you book anything.

How to use: copy a prompt into ChatGPT, Gemini or Claude and replace every [BRACKETED] part with your own details. Each prompt also has its own page with a copy button, linked under its title. 18 prompts in this pack.

1 Day-by-day travel itinerary on a budget

ChatGPT · Gemini · Claude · usepromptup.com/prompts/text-travel-itinerary/

Plan a [NUMBER]-day trip to [DESTINATION] for [WHO, e.g. 2 friends in their 20s] in [MONTH].

Budget: [BUDGET, e.g. ₹25,000 per person including travel]. Starting from: [CITY]. We like: [INTERESTS, e.g. food, nature, photography].

Give a day-by-day plan (morning / afternoon / evening) with travel between places, where to stay, what to eat, and an estimated cost for each day. Add a packing list and 3 local tips tourists usually miss.

Tip: Verify opening hours and prices before booking — AI can be out of date.

2 Plan a weekend getaway from your city

ChatGPT · Gemini · Claude · usepromptup.com/prompts/text-weekend-getaway-planner/

Suggest weekend getaways from [MY CITY].

Travel time I am happy with: [e.g. up to 5 hours by car or train]

Who is going: [e.g. couple, friends, family with a 6-year-old]

Budget for the weekend: [AMOUNT]

We like: [e.g. hills, beaches, heritage, good food, doing nothing]

Month: [MONTH]

Give me 5 options with how to get there, why each suits us, the weather to expect that month and a rough cost. Then build a full Friday-evening-to-Sunday plan for the one you rate best.

Tip: Check road conditions, train times and hotel prices yourself before booking. AI details can be out of date.

3 Estimate a trip budget before you book

ChatGPT · Gemini · Claude · usepromptup.com/prompts/text-trip-budget-estimate/

Help me estimate the cost of a trip before I book anything.

From: [CITY]

To: [DESTINATION]

Dates or month: [WHEN]

Travellers: [WHO]

Travel style: [e.g. budget hostels / mid-range hotels / comfort]

Break the budget into travel, stay, local transport, food, activities, visas or permits, insurance and a buffer. Give a low, typical and high figure for each, and a total per person. Tell me which costs change most with booking time, and three ways to cut the total without ruining the trip.

Tip: Treat this as a rough range. Check live flight and hotel prices to get real numbers.

4 Family trip plan with young kids

ChatGPT · Gemini · Claude · usepromptup.com/prompts/text-family-trip-with-kids/

Plan a [NUMBER]-day family trip to [DESTINATION].

Kids: [AGES]

Adults: [NUMBER, and anyone older or with limited mobility]

Budget: [BUDGET]

Nap and meal times to respect: [DETAILS]

Make a relaxed day-by-day plan with one main activity a day, rest time, kid-friendly food options and indoor backups for bad weather. Add travel tips for the journey with kids, a packing list including a small first-aid kit, and what to book in advance. Keep travel between places short.

Tip: Plan half of what you would do without kids. A slow day beats a tired, crying one.

5 Plan a business trip around your meetings

ChatGPT · Gemini · Claude · usepromptup.com/prompts/text-business-trip-plan/

Help me plan a business trip.

City: [CITY]

Dates: [DATES]

Meetings and their locations:

[LIST WITH TIMES AND ADDRESSES OR AREAS]

Where I am flying or travelling from: [CITY]

Company travel limits: [e.g. hotel under ₹6,000 a night]

Suggest the best area to stay, a day-by-day schedule with travel time between meetings and a buffer for delays, when to eat, and a packing list for a work trip. Include one free evening idea if the schedule allows. Tell me what to confirm with each host before I go.

Tip: Keep a 30-minute buffer between meetings in a new city. Traffic and security queues always take longer than the map says.

6 Road trip itinerary

ChatGPT · Gemini · Claude · usepromptup.com/prompts/text-road-trip-itinerary/

Plan a [DAYS]-day road trip from [START] to [END].

Vehicle: [VEHICLE]

Travellers: [WHO]

Budget: [BUDGET]

Interests: [INTERESTS]

Give a day-by-day route with driving times, stops, food, places to stay, a packing and car checklist and a backup plan for bad weather.

Tip: Limit driving to about four hours a day so the trip stays enjoyable.

7 Honeymoon itinerary

ChatGPT · Gemini · Claude · usepromptup.com/prompts/text-honeymoon-itinerary/

Plan a [DAYS]-day honeymoon in [DESTINATION].

Budget: [BUDGET]

Interests: [INTERESTS]

Time of year: [MONTH]

Pace: [RELAXED / ACTIVE]

Give a day-by-day plan with a mix of romantic moments, local experiences and rest, suggested stay types, booking tips and what to reserve in advance.

Tip: Leave at least two days free of plans so you can rest and follow whatever you feel like.

8 What to eat when you visit a new place

ChatGPT · Gemini · Claude · usepromptup.com/prompts/text-local-food-guide/

I am visiting [CITY OR REGION] for [NUMBER] days.

Food I love: [e.g. spicy, seafood, sweets]

What I avoid: [e.g. vegetarian, no beef, nut allergy]

Budget: [e.g. street food / mid-range]

List the local dishes I should try, what each one is, when people usually eat it and roughly what it costs. Tell me which ones suit my diet and which to avoid. Add tips on local food customs and how to eat street food safely. Suggest types of places to look for, not named restaurants, so I can check current reviews myself.

Tip: Look up specific restaurants on a map app with recent reviews. AI suggestions for named places can be wrong or closed.

9 Smart packing list for any trip

ChatGPT · Gemini · Claude · usepromptup.com/prompts/text-trip-packing-list/

Make a packing list for a [DAYS]-day trip to [DESTINATION] in [MONTH].

Trip type: [BUSINESS / BEACH / TREKKING / CITY]

Travelling: [SOLO / COUPLE / FAMILY]

Bag limit: [CARRY-ON / CHECKED]

Planned activities: [ACTIVITIES]

Sort by category, mark essentials, suggest what to buy there instead of carrying and give a mix-and-match clothing plan.

Tip: Lay everything out and remove one-quarter of it before you close the bag.

10 Travel documents and visa checklist

ChatGPT · Gemini · Claude · usepromptup.com/prompts/text-travel-documents-checklist/

Create a checklist for travelling from [HOME COUNTRY] to [DESTINATION] for [PURPOSE].

Include documents to prepare, what to check on official sites, health and insurance requirements, money and cards, copies to carry and a countdown from three months before departure. Remind me to verify everything with official sources.

Tip: Always confirm requirements on the official embassy website; rules change often.

11 Solo travel safety plan

ChatGPT · Gemini · Claude · usepromptup.com/prompts/text-solo-travel-safety/

Give me practical safety tips for travelling solo to [DESTINATION] as a [TRAVELLER PROFILE].

Cover choosing where to stay, getting around, handling money, meeting people, what to do if something goes wrong and daily habits that keep me safe. Keep it practical and non-alarmist.

Tip: Share your live location and itinerary with someone you trust.

12 Prepare for your first trek

ChatGPT · Gemini · Claude · usepromptup.com/prompts/text-first-trek-prep/

Help me prepare for my first trek to [TREK] in [MONTH].

My fitness: [FITNESS LEVEL]

Weeks to prepare: [WEEKS]

Give a training plan, a packing list, what to wear in layers, altitude and hydration tips, food to carry and safety basics. General guidance; check with a doctor and a trek operator.

Tip: Start training at least six weeks before, and always trek with a guide or group.

13 Travel phrasebook for any language

ChatGPT · Gemini · Claude · usepromptup.com/prompts/text-travel-phrasebook/

Create a pocket phrasebook in [LANGUAGE] for a trip to [PLACE].

Include 40 essential phrases: greetings, thanks, ordering food, directions, transport, shopping, emergencies and polite refusals. Give the phrase, phonetic pronunciation and meaning, and add five cultural etiquette tips.

Tip: Ask for the phonetic pronunciation and listen to a native audio clip to check it.

14 Complain about a flight delay

ChatGPT · Gemini · Claude · usepromptup.com/prompts/text-airline-delay-complaint/

Write a complaint to [AIRLINE] about a delayed or cancelled flight.

Flight and booking: [DETAILS]

What happened: [DELAY AND IMPACT]

Costs I had: [EXPENSES]

What I am asking for: [REFUND / COMPENSATION]

Reference the relevant passenger rights for [REGION] where they apply, keep it polite and firm, list attached proofs and give a date to reply by.

Tip: Check the compensation rules of your region and attach your booking and boarding pass.

15 Travel journal prompts

ChatGPT · Gemini · Claude · usepromptup.com/prompts/text-travel-journal-prompts/

Give me 30 travel journal prompts for a trip to [PLACE].

Cover sensory details, people I meet, food, surprises, mistakes, small moments and what I am learning. Add a template for a daily entry and three prompts for writing on the journey home.

Tip: Write for five minutes each evening while memories are fresh.

16 Shortlist hotels for your trip

Gemini · ChatGPT · usepromptup.com/prompts/text-hotel-shortlist-web/

Search the web and help me shortlist places to stay.

Destination: [CITY / AREA]

Dates: [CHECK-IN to CHECK-OUT]

Who is travelling: [e.g. couple, family with a 5-year-old, solo business trip]

Budget per night: [AMOUNT]

What matters: [e.g. walkable to the old town, quiet, pool, near the metro, free cancellation]

First tell me which two or three areas suit us best and why. Then list 5 places to stay with: name, area, rough price per night, what reviewers praise, one common complaint, and the link you found it on. Only use current search results. Remind me to check the final price and cancellation rules on the booking page.

Tip: Read the most recent bad reviews. They tell you more than the star rating.

17 Find restaurants near you for any occasion

Gemini · ChatGPT · usepromptup.com/prompts/text-restaurant-finder-web/

Search the web and help me pick a restaurant.

Area: [NEIGHBOURHOOD, CITY]

Occasion: [e.g. first date, family dinner with grandparents, quick work lunch]

Food we like: [CUISINES]

Budget per person: [AMOUNT]

Must have: [e.g. vegetarian options, parking, quiet enough to talk, kid-friendly]

Day and time: [WHEN]

Suggest 5 places that are open at that time. For each give: name, area, price range, why it suits the occasion, one dish people recommend, and the link you found it on. Only list places you found in current search results. If you cannot search the web, tell me, and instead describe what to look for and what to type into a map app.

Tip: Turn on web search in ChatGPT or use Gemini, then check opening hours on the map app before you go.

18 Things to do near you this weekend

Gemini · ChatGPT · usepromptup.com/prompts/text-things-to-do-nearby/

Search the web for things to do this weekend.

Where I am: [CITY / AREA]

Dates: [THIS SATURDAY AND SUNDAY]

Who is coming: [e.g. two adults and a toddler, a group of friends in their 20s]

We like: [e.g. markets, live music, nature, museums, food]

Budget: [FREE / LOW / NO LIMIT]

How far we can travel: [e.g. 30 minutes by car]

Give me 8 ideas: a mix of events on those dates and places that are always there. For each: what it is, when, rough cost, how far it is, and the source link. Mark the ones that need booking. If you cannot search the web, say so and give me ideas to look up instead.

Tip: Ask for a rainy-day version too, so you have a backup plan.

More free prompts at usepromptup.com/travel-prompts/ · You may copy and adapt these prompts for your own use.